April 5, 2022 – Updated 5/5/2022

First Practice Date – November 18, 2022 / November 17, 2023 First Scrimmage Date – November 25, 2022 / November 24, 2023 First Play Date – December 2, 2022 / December 1, 2023 **Maximum Scrimmages** – 2 **Maximum Contests** – 18 Meets **Minimum Contests** – 10 Meets

The WPIAL Boys'/Girls' section swimming competitions are scheduled to begin on Thursday, January 5, 2023 & Thursday, January 4, 2024, except for <u>Sections 2&4-2A</u>, <u>which will begin their schedule on Thursday</u>, <u>December 15, 2022</u> <u>& Thursday</u>, <u>December 14, 2023</u>. Please check your schedule carefully and contact the League office at (412) 921-7181 regarding any errors. A copy of this schedule must be given to your coach.

<u>Coaches are advised that the PIAA By-Laws Article XIV, Section 3 requires that the head coach attend a minimum of one PIAA mandatory rules interpretation prior to each season. Mandatory rules meeting dates and times are available on the PIAA website: www.piaa.org</u>

The WPIAL swimming program will be operated during the 2022-2023 & 2023-2024 school years on a double dual meet basis for all section meets. Meet scoring must be consistent for the entire season. The boys and girls swimming teams will swim at the same time at the same pool. In a few cases where a school does not field a boys' team or a girls' team, the meet will be a single dual meet.

### A. THE FOLLOWING INFORMATION IS PERTINENT TO THE CONDUCT OF A SUCCESSFUL SEASON

- 1. The National Federation Swimming and Diving Rule Book in conjunction with the PIAA mandates will govern all meets, and National Federation scoring will be in effect. Host schools are to send a letter to visiting schools defining meet start time, warm up time and procedure as well as noting any special procedures or limitations at the host facility before Friday, December 2, 2022 & Friday, December 1, 2023.
  - a. Host schools must establish and adhere to a consistent scoring system for all meets.
  - b. If the host school facility does not allow diving and an alternate site is to be used, that meet procedure must be consistent for all home meets.
  - c. The host school must note if Non-Team Swimmers or Divers will be performing.
  - d. All information should be made known to the visiting schools no less than two weeks prior to the scheduled competition. Written notification by school administration demonstrates mutual consent.
  - e. Host schools must be equipped to run Meet Manager in conjunction with Team Manager, otherwise arrangements must be made with Visiting school to ensure proper recording and reporting of results.
- 2. Section champions will be determined by the best won/lost record in section play. If there is a tie in section record for first place, head-to-head competition will break the tie. If head-to-head does not break the tie, all tied teams will receive a plaque.
- 3. It is recommended that afternoon contests do not start before 3:30 PM unless the competing school principals agree. Make sure the officials know the meet start time. All section meets must be completed and dates may not be changed unless it is mutually agreeable by the principals of both schools.
- 4. It is recommended that each dual meet should have three (3) registered PIAA officials. Athletic Directors should not hire officials who are related to participants or coaches.
- 5. Senior Recognition Events shall be limited to fifteen (15) minutes.
- 6. Protests based on play situations or official's decisions involving interpretation or judgment is not permitted.
- 7. The Host school should print 2 copies of the official results (all names, times/scores, places and team scoring) for both Swimming and Diving). These printed copies shall be <u>signed by the Meet Referee and retained by each school</u>. Host schools should also provide a <u>complete MM meet backup</u> and TM results files to the Visiting school before the Visiting school leaves, but no later than <u>48</u> hours after the conclusion of the meet.

#### B. WPIAL SWIMMING AND DIVING CHAMPIONSHIP QUALIFYING STANDARDS

- 1. ALL SCHOOLS WISHING TO ENTER INDIVIDUAL SWIMMING AND DIVING OR RELAY QUALIFIERS INTO THE WPIAL CHAMPIONSHIP MEET ARE REQUIRED TO ADHERE TO THE MEET ENTRY PROCEDURES DEFINED IN THE ENTRY PROCEDURES ADDENDUM ATTACHED TO THIS DOCUMENT.
- 2. Teams must complete a minimum of ten (10) and a maximum of eighteen (18) competitions (this includes all last-ditch qualifier meets) prior to the established deadline (#6 below), to be eligible to score team points at the WPIAL or PIAA Championships. As a reminder, last chance meets count against your meet totals.
- 3. Please be advised that Double Dual Meets where 3 teams and 3 scores are kept count as 2 meets for each team. All other meets with 4 or more teams count as 1 meet.
- 4. Individuals must have been in uniform and available at 75% of the team contests to be eligible for post-season competition. (Please reference PIAA By-Law Article IX, Section 5.)
- 5. To AUTOMATICALLY qualify for the WPIAL Swimming Championship, a swimmer must achieve the automatic qualifying standard as outlined below. Championship heats will be extended with the next fastest times to the maximum amount allowed by the HOST facility (not to exceed 32 entries in any event) by those achieving the "SECOND" time as outlined in the ADDENDUM of this document. These times must be met in a WPIAL dual or invitational qualifying meet that is scored, follows consistent entry procedures, uses electronic timing with back-up and is observed and verified by a registered PIAA official. Relay qualifying standards must be achieved as a relay.
- 6. All invitational-qualifying and section swimming meets must be scheduled and completed <u>no later than Saturday</u>, <u>February 18, 2023 and Saturday</u>, <u>February 17, 2024</u>.
- 7. The time submitted for WPIAL entry may not be a deck time, practice time, time trial time, aggregate or composite time. The time must have been achieved and reported according to the Entry Procedures Addendum included at the end of this document.
- 8. **Non-team schools** Swimmers from schools that do not sponsor a team must swim for "time" in their event/events during a regularly scheduled interscholastic meet being conducted by other member schools.
  - a. Please reference A. 1, c. d. on page 1
  - b. Limited to one competitor per event including diving; no relay entries permitted
  - c. The Meet Referee will determine when the Non-Team Athlete competes. The "timing" of the swimmer may occur during an official event, in between events or after the meet.
  - d. The host school will determine as to whether the swimmer competes during an event or not. The **ONLY** time a separate heat is permitted is for non-team swimmers.
  - e. Divers competing in additional meets will count towards the total swimming and/or diving competitions for their school not to exceed 18.

EVENT	BOYS AAA – Auto	<b>BOYS AA - Auto</b>	GIRLS AAA - Auto	GIRLS AA - Auto
200 Medley Relay	1:42.00	1:48.40	1:54.50	1:58.70
200 Freestyle	1:47.80	1:55.20	1:59.60	2:07.10
200 Individual Medley	2:01.00	2:14.40	2:17.60	2:23.40
50 Freestyle	22.50	23.90	25.10	26.20
100 Butterfly	54.40	58.50	1:01.30	1:04.70
100 Freestyle	49.50	52.10	55.30	58.20
500 Freestyle	4:53.60	5:16.30	5:25.40	5:47.00
200 Freestyle Relay	1:32.00	1:37.30	1:43.50	1:46.80
100 Backstroke	56.10	1:01.10	1:00.90	1:06.30
100 Breaststroke	1:01.30	1:06.60	1:11.00	1:14.00
400 Freestyle Relay	3:23.20	3:38.60	3:47.20	3:56.00

#### **WPIAL DIVING**

- 9. To qualify for the <u>WPIAL Diving Championship</u>, the minimum standards established by the WPIAL enclosed in this schedule must be met in a WPIAL dual or invitational qualifying meet that is scored, follows consistent entry procedures and is observed and verified by a registered PIAA official.
  - a) Divers can qualify with the standard 6-dive list that is conducted in a Dual Meet or with an 11-dive list that they might participate in an Invitational Meet. All requirements as to submitting proof of the Dive Sheet for a 6-dive sheet are also required of a qualifying 11-dive list.
  - b) The WPIAL qualifying diving sheet, documenting the score and the degree of difficulty, must be filled out in its entirety, signed by the Meet Referee and submitted with the entry form to the WPIAL. The qualifying sheet must have the minimum degree of difficulty (not including the voluntary dive) and a minimum total score at the bottom (that includes the voluntary dive). If you are turning in a computer-generated qualifying sheet, it is not necessary to have the diver and coach's signature at the bottom. However, it does need to have the PIAA official's signature somewhere on the sheet.
  - c) It is required that every diver planning to participate in the WPIAL Diving championships prove that they can successfully complete dives from every category front, back, reverse, inward and twist. If the WPIAL qualifying sheet (with the required minimum degree of difficulty and score) submitted does not represent all five categories of dives, then you must send in another diving sheet, signed by a registered PIAA Official, that lists the missing diving category. If a second diving sheet is required to prove that the diver has successfully completed all five categories of dives, then that second sheet does NOT need to have a qualifying degree of difficulty or score. If two diving sheets are required to prove that all five categories have been successfully completed, only one sheet needs to be an actual qualifying sheet. The definition of "successfully completed" means the diver received a score from ½ to 10. **Coaches are responsible for only entering divers capable of these requirements.**
- 10. **Non-team schools** Divers from schools that do not sponsor a team must dive for a score during a regularly scheduled interscholastic meet being conducted by other member schools.
  - a) Please reference A. 1, c. d. on page 1
  - b) Limited to one competitor per event including diving
  - c) The Meet Referee will determine when the Non-Team Athlete(s) competes.
- 11. Beginning with the first Contest Day of the Regular Season for Swimming and Diving and ending with the last Contest Day of the Regular Season for Swimming and Diving, all Diving Competition shall consist of one (1) Voluntary Dive, which shall be done first, and five (5) Optional Dives, coming from at least 4 of the 5 groups and which may include any of the dives other than the voluntary dive.
  - a) The voluntary dive groups and the calendar weeks for the 2022-2023 & 2023-2024 Swimming and Diving Regular Seasons shall be as follows:
    - Forward group for weeks beginning November 27, January 1 & February 5, 2022/2023
      - November 26, December 31 & February 4, 2023/2024
    - ➤ Back group for weeks beginning December 4, January 8 & February 12, 2022/2023
      - o December 3, January 7 and February 11, 2023/2024
    - Inward group for weeks beginning December 11 and January 15 & February 19, 2022/2023
      - o December 10 and January 14 & February 18, 2023/2024
    - Twisting group for weeks beginning December 18 and January 22, 2022/2023
      - December 17 and January 21, 2023/2024
    - Reverse group for weeks beginning December 25 & January 29, 2022/2023
      - o December 24 and January 28, 2023/2024
  - b) In the case of a Regular Season Contest that is postponed and subsequently rescheduled, the voluntary dive group shall be the voluntary dive group that is required for the Calendar Week in which the postponed Regular Season Contest is rescheduled.
    - The 6-dive form listing current DD's through the 2022-2023 & 2023-2024 rule book will be posted on the WPIAL web site at a later date. **This form may be duplicated.**

6 Dive List	Degree of Difficulty ~ 5 opt. Dives	3 Judges
Boys AAA	9.7	175.0
Boys AA	9.0	160.0
Girls AAA	9.7	200.0
Girls AA	9.0	160.0

Divers can qualify with the standard 6-dive list that is conducted in our Dual Meets or with an 11- dive list that they might participate in an Invitational Meet. All requirements for submitting proof of the Dive Sheets for a 6-dive sheet are also required of a qualifying 11-dive list. The requirements to determine a qualifying 11 dive score are noted below.

11 Dive List	Degree of Difficulty ~ 6 opt. Dives	3 Judges
Boys AAA	11.5	313.0
Boys AA	11.0	275.0
Girls AAA	11.5	365.0
Girls AA	11.0	284.0

- 12. Electronic entries for the 2023 & 2024 WPIAL Championships will be done online. Entry deadline is Monday, February 20, 2023 & February 19, 2024 by NOON. Instructions will be included in the WPIAL Swimming & Diving Championship Memo that will be sent to Athletic Directors and published on the WPIAL web site in January 2023 & 2024.
- 13. Reporting Scores. Coaches often complain that swimming and diving do not get the publicity they deserve. Recognition begins with sending your results to the media:

Butler Eagle <u>www.butlereagle.com</u> ~ (724-282-8000)

Pittsburgh Post-Gazette <a href="highschool@post-gazette.com">highschool@post-gazette.com</a> ~ (412-263-1621 ~ 1-877-672-6224)

Tribune Review - PGH <u>ptrsports@tribweb.com</u> ~ (1-888-748-8742)

Washington Observer Reporter orsports@observer-reporter.com ~ (1-800-222-6397)

Beaver County Times – <a href="mailto:nhiles@gannett.com">nhiles@gannett.com</a>

Other appropriate local papers and media outlets should be notified as well.

14. Uniform interpretation/clarification - suits worn by swimmers/divers.

The following applies at <u>ALL</u> levels of competition and <u>includes warm-ups.</u>

## Rule 3-3-1:

A competitor <u>shall not be permitted</u> to participate wearing a suit that is not of decent appearance. Boys shall wear suits which <u>cover</u> the buttocks. Girls shall wear suits which <u>cover</u> the buttocks and breasts.

<u>Rule 3-3-3 (b) 4</u>: made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings). This means female swimmers shall not wear suits that tie at the neck or any place on the back.

- 15. Please remember that as per Rule 3, Art. 2, tobacco use is prohibited at the competition site.
- 16. Additional Notes:
  - ➤ The 2023 & 2024 WPIAL 2A Diving Championships will be at TBD High School, on Friday, February 24, 2023 & Friday, February 23, 2024.
  - ➤ The 2023 & 2024 WPIAL 3A Diving Championships will be at TBD High School on Saturday, February 25, 2023 & Friday, February 24, 2024.
  - ➤ The 2023 & 2024 WPIAL Swimming Championships will be at TBD during the week of February 28, 2023 & February 27, 2024 with specific times TBD.
  - Meet Information will be sent to member schools in January.
  - Meet order will remain the same; the AAA meet will run first followed by the AA meet.
  - The dates of the PIAA Championships are March 15, 16, 17 & 18, 2023 / March 13, 14, 15, & 16, 2024 at TBD.

ALL SCHOOLS WISHING TO ENTER SWIMMING AND DIVING QUALIFIERS INTO THE WPIAL CHAMPIONSHIP MEET ARE REQUIRED TO ADHERE TO THE MEET ENTRY/RESULTS REPORTING PROCEDURES DEFINED IN THE ADDENDUM ATTACHED TO THIS SCHEDULE

## **ENTRY PROCEDURES/RESULTS REPORTING ADDENDUM**

<u>ALL SCHOOLS</u> WISHING TO ENTER INDIVIDUAL SWIMMING AND DIVING OR RELAY QUALIFIERS INTO THE WPIAL CHAMPIONSHIP MEET ARE REQUIRED TO ADHERE TO THE RESULTS REPORTING DEADLINES AND MEET ENTRY PROCEDURES DEFINED IN THIS ADDENDUM.

For the 2022-2023 & 2023-2024 seasons the WPIAL will again be requiring all schools to submit their results for inclusion in our league wide database. Meet results MUST be submitted in a MEET MANAGER (MM) BACKUP file. Results will not be accepted unless submitted in this (MM BACKUP) format and times that are not in this database before the weekly reporting deadline will not be accepted for entry to the WPIAL Championship meet.

HOST SCHOOLS MUST BE EQUIPPED TO RUN MEET MANAGER IN CONJUNCTION WITH TEAM MANAGER, OTHERWISE ARRANGEMENTS MUST BE MADE WITH VISITING SCHOOL TO ENSURE PROPER RECORDING AND REPORTING OF RESULTS IN ACCORDANCE WITH THIS ADDENDUM.

Meet hosts are responsible for submitting the **MM** MEET BACK UP file to the e-mail listed below. All files will be sent to the same person this season. Submission of Back up files must adhere to the Reporting deadlines listed below. The visiting team must be copied on the e-mail. This procedure begins on December 9, 2022 & December 8, 2023 and ends on Saturday, February 18, 2023 & Saturday, February 17, 2024. Please send **MM** MEET backup (FILE, BACK UP, SAVE - note where it saves so you can access it and send (FILE, EXPORT, RESULTS FOR SWIMS) to:

Brittany Glass - bglass@northallegheny.org

### **2022-2023 & 2023-2024 RESULTS REPORTING DEADLINES**

The Meet Host is responsible to ensure that the MM back up (which includes results for BOTH teams) is sent to the contact <u>before</u> the reporting deadline passes. The schedule you provide (see #6 below) will be used to verify the date of the meet and the corresponding reporting deadline. IF THE MEET CHANGES FROM THE PUBLISHED SCHEDULE (see #6 below) IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR CLASSIFICATION CONTACT BEFORE THE REPORTING DEADLINE PASSES. **Meet results not received by the scheduled reporting deadline will not be accepted.** 

Scheduled Meet Dates	Reporting deadline – no later than 9 pm		
December 2-10, 2022 / December 1-9, 2023	Sunday, December 11, 2022 / December 10, 2023		
December 12-16, 2022 / December 11-15, 2023 December 26-30, 2022 / December 26-30, 2023	Sunday, December 18, 2022 / December 17, 2023 Sunday, January 1, 2023 / December 31, 2023		
January 2-7, 2023 / January 1-6, 2024	Sunday, January 8, 2023 / January 7, 2024		
January 9-14, 2023 / January 8-13, 2024 January 16-21, 2023 / January 15-20, 2024	Sunday, January 15, 2023 / January 14, 2024 Sunday, January 22, 2023 / January 21, 2024		
January 23-28, 2023 / January 22-27, 2024	Sunday, January 29, 2023 / January 28, 2024		
Jan. 30-Feb. 4, 2023 / Jan. 29-Feb. 3, 2024	Sunday, February 5, 2023 / February 4, 2024		
February 6-11, 2023 / February 5-10, 2024 February 13-18, 2023 / February 12-17, 2024	Sunday, February 12, 2023 / February 11, 2024 Sunday, February 19, 2023 / February 18, 2024		

## **TEAM MANAGER DATABASE/MEET MANAGER BACK UP PROCESS**

- If you already have your TM database built from last season, make sure everything matches (QTs, etc.) with your information the "use since" date is December 2, 2022. Please be sure it is entered correctly and checked in your team database. If you are starting with a new TM database, follow steps 2-9.
- 2. Download the **TM** standards file from the WPIAL website <a href="www.wpial.org">www.wpial.org</a>. This file will have the correct order of events, entry times, school year designations and "use time since" date and is to be downloaded into your **TM** database. Schools that have split squads one team AA and one AAA create a database file for each team.
- 3. Add your team TEAMS, ADD, **TEAM ABBR (**DESIGNATED TEAM ABBREVIATION CODE attached to this document), FULL TEAM NAME ex. Moon Area High School, TEAM REGISTRATION USS, TEAM TYPE HS, STATE PA, LSC AM so that results files can be merged easily and efficiently. The designated team codes are attached. If your school is not listed, please e-mail the WPIAL Swim Committee Chairperson, Dave Babik at <a href="mailto:babikd@penntrafford.org">babikd@penntrafford.org</a> to receive your code.
- 4. Enter Head Coach information TEAMS, COACHES, ADD complete all information through the e-mail.
- 5. Build your athlete roster ATHLETES, ADD, LAST NAME, FIRST NAME, ID # this is where you enter athlete USA Swim ID, GENDER, TEAM 1 (your DESIGNATED TEAM ABBREVIATION CODE attached to this document), SCHOOL YEAR (9, 10, 11, 12) then click OK.
- 6. Submit <u>your TM roster</u> and your season schedule to your classification contact <u>no later than</u>

  <u>Monday, December 5, 2022 / Monday, December 4, 2023</u>. FILE, EXPORT, ATHLETES/TEAMS.

  This is the only information that will be used to ID your athletes and teams all season. Meet results cannot be accepted until roster is submitted. **Meet results not received by the scheduled reporting deadline will not be accepted.**
- 7. VERY IMPORTANT Use **TM** for your meet entries throughout the season both home and away. If you do not use the same information for each meet, **your swimmers and times may not be properly imported and accepted.**
- 8. Download the **MM** template file from the WPIAL website <u>www.wpial.org</u>. This file will have the correct meet set up, order of events, entry times, scoring preferences, lane set up (adjust 6 or 8). Download into you **MM** database.
- 9. <u>Use a new MM file for each meet</u> and name the meet accordingly MEET DATE, YOUR CODE@OPPONENT CODE. ex. 121719 BPHS@NAHS. This can be done by making a template and <u>renaming it for each meet</u>. Do not purge a meet to use that file for another meet. SAVE ALL YOUR MEETS.
- 9. REVIEW AND <u>VERIFY THAT ALL INFORMATION IS CORRECT</u> as these are the official meet results. Send the **MM** meet backup to your classification contact <u>and copy the visiting team</u> at the end of your meet (should be immediately after the meet but no later than the established deadline.)
- 10. If you have any questions about how to meet the entry requirements, please email the Swim Committee Chairperson. Training will be available before the season to assist schools that are unfamiliar with the **TM** and **MM** programs.

# 2022-2023 & 2023-2024 WPIAL DESIGNATED TEAM ABBREVIATION CODES.

Do not alter these codes or your times cannot be accepted.

If your school is not listed or if you have any questions, please contact the WPIAL Swim Committee Chairman, Dave Babik at <a href="mailto:babikd@penntrafford.org">babikd@penntrafford.org</a>

\* REMINDER \* ATHLETES FROM NON-SCORING SCHOOLS MUST BE INCLUDED IN MEET RESULTS AND MUST ASSOCIATE WITH DESIGNATED CODE

HIGH SCHOOL	ASSIGNED CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
ALDEDT CALLATIN			AAA	I LAM	
ALBERT GALLATIN AMBRIDGE	AGHS AMBR	AAA	AAA		X
AQUINAS ACADEMY	AQAC	AA	AA		X
ARMSTRONG	ARHS	AAA	AAA		
BALDWIN	BWHS	AAA	AAA		
BEAVER AREA	BAHS	AA	AA		
BEAVER FALLS	BFHS	AA	AA		
BELLE VERNON	BVHS	AA	AA		
BETHEL PARK	BPHS	AAA	AAA		
BLACKHAWK	BLHS	AA	AA		
BRENTWOOD	BRNT	AA	AA		
BROWNSVILLE	BRWN	AA	AA		X
BURRELL	BUHS	AA	AA		
BUTLER	BUTL	AAA	AAA		
CANON- McMILLAN	CMHS	AAA	AAA		
CARLYNTON	CARL	AA	AA		
CENTRAL VALLEY	CENT	AA	AA		
CHARTIERS VALLEY	CVHS	AA	AA		
CONNELLSVILLE	CONN	AA	AA		
CORNELL	CORN	AA	AA		
DEER LAKES	DLHS	AA	AA		
DERRY	DAHS	AA	AA		
EAST ALLEGHENY	EAHS	AA	AA		
EDEN CHRISTIAN ACAD	EDEN	AA	AA		X
ELIZABETH FORWARD	EFHS	AA	AA		
ELLIS SCHOOL	ELLS		AA		
FOX CHAPEL	FCHS	AAA	AAA		
FRANKLIN REGIONAL	FRHS	AAA	AAA		
FRAZIER	FZHS	AA	AA		X
FREEPORT	FPHS	AA	AA		
GATEWAY	GATE	AAA	AA	X	
GEIBEL CATHOLIC	GCHS	AA	AA		X
GREATER LATROBE	GLHS	AA	AAA	X	
GREENSBURG CENT CATH	GCCH		AA		X
GREENSBURG SALEM	GSHS	AA	AA		
HAMPTON	HAMP	AA	AA		
HEMPFIELD	HEMP	AAA	AAA		
HIGHLANDS	HIGH	AA	AA		
HOPEWELL	HOPE	AA	AA		
INDIANA	INDI	AA	AA		

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HIGH SCHOOL	CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
KEYSTONE OAKS	KOHS	AA	AA		
KISKI AREA	KAHS	AA	AA		
KNOCH	KNHS	AA	AA		
LAUREL	LAUR	AA	AA		X
LAUREL HIGHLANDS	LHHS	AA	AA		
LIGONIER VALLEY	LVHS	AA	AA		
MAPLETOWN	MAHS	AA	AA		X
MARS	MARS	AA	AAA	X	
McKEESPORT	MCKE	AA	AA		
MOHAWK	MHHS	AA	AA		X
MONTOUR	MONT	AA	AA		
MOON	MOON	AAA	AAA		
MT. LEBANON	MLHS	AAA	AAA		
MT. PLEASANT	MPHS	AA	AA		
NESHANNOCK	NESH	AA	AA		X
NEW CASTLE	NCHS	AA	AA		X
NORTH ALLEGHENY	NAHS	AAA	AAA		
NORTH CATHOLIC	NCHS	AA	AA		
NORTHGATE	NGHS	AA	AA		
NORTH HILLS	NHHS	AAA	AAA		
NORWIN	NWHS	AAA	AAA		
OAKLAND CATHOLIC	OCHS		AA		
PENN HILLS	PHHS	AAA	AAA		
PENN TRAFFORD	PENT	AAA	AAA		
PETERS TOWNSHIP	PTHS	AAA	AAA		
PINE RICHLAND	PRHS	AAA	AAA		
PITTSBURGH CENTRAL CATHOLIC	PCCS	AAA			
PLUM	PLUM	AAA	AAA		
QUAKER VALLEY	QVHS	AA	AA		
RINGGOLD	RING	AA	AA		
RIVERSIDE	RVHS	AA	AA		
RIVERVIEW	RWHS	AA	AA		X
SENECA VALLEY	SVHS	AAA	AAA		
SERRA CATHOLIC	SERR	AA	AA		X
SETON LaSALLE	SLHS	AA	AA		
SHADYSIDE ACADEMY	SSAC	AA	AA		
SHALER AREA	SAHS	AAA	AAA		
SHENANGO	SHEN	AA	AA		X
SOUTH SIDE	SSHS	AA	AA		X
SOUTH FAYETTE	SFHS	AAA	AAA		

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If your school is not listed or if you have any questions, please contact the WPIAL Swim Committee Chairperson, Dave Babik at <a href="mailto:babikd@penntrafford.org">babikd@penntrafford.org</a>

# \* REMINDER \* ATHLETES FROM NON-SCORING SCHOOLS MUST BE INCLUDED IN MEET RESULTS AND MUST ASSOCIATE WITH DESIGNATED CODE

HIGH SCHOOL	CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
SOUTH PARK	SPHS	AA	AA		
SOUTHMORELAND	SMHS	AA	AA		X
SPRINGDALE	SPRI	AA	AA		X
ST. JOSEPH'S	SJHS	AA	AA		X
STEEL VALLEY	STVL	AA	AA		
THOMAS JEFFERSON	TJHS	AA	AA		
TRINITY	TRIN	AA	AAA	X	
UNIONTOWN	UNHS	AA	AA		
TRINITY CHRISTIAN	TCHS	AA	AA		X
UPPER ST. CLAIR	USHS	AAA	AAA		
VALLEY	VAHS	AA	AA		
WASHINGTON	WASH	AA	AA		X
WEST ALLEGHENY	WAHS	AA	AA		
WEST MIFFLIN	WMHS	AA	AA		
WINCHESTER THURSTON	WTHS	AA	AA		X
WOODLAND HILLS	WHHS	AA	AA		
YOUGH	YOUG	AA	AA		X

## 2022/2023 - 2023/2024 WPIAL ADDENDUM on CUT TIMES

# WPIAL Swimming Championship Qualifying Standards - "Automatic" and "Second" Cut Times

- Swimmers and Relays that achieve the "Automatic" time (as outlined on page 2 and below) will be able to enter that event in the WPIAL Championship Meet and will be guaranteed a spot in the event (if they choose to enter).
- Individual swimmers and relays that make the "Second" cut time are still able and encouraged to enter that event as outlined in the championship memo (see p. 4 item #12), but swimmers are not guaranteed a spot in the event.
- Heats for each event will be filled with the "Automatic" times first and then all remaining positions will be filled with the next fastest "Second" cut time entries submitted. Heats will be filled to the maximum amount allowed by the HOST facility (not to exceed 32 entries in any event).
- All qualifying information will be communicated in January each year via the WPIAL Swimming & Diving Championship Memo (referenced in page 2, Item #5).

EVENT	BOYS AAA	<b>BOYS AAA</b>	GIRLS AAA	GIRLS AAA
	"Automatic"	"Second"	"Automatic"	"Second"
200 Medley Relay	1:42.00	1:49.50	1:54.50	1:58.00
200 Freestyle	1:47.80	1:52.50	1:59.60	2:04.20
200 Individual Medley	2:01.00	2:08.10	2:17.60	2:19.00
50 Freestyle	22.50	23.20	25.10	25.80
100 Butterfly	54.40	56.60	101.30	1:02.10
100 Freestyle	49.50	50.70	55.30	56.10
500 Freestyle	4:53.60	5:08.00	5:25.40	5:29.50
200 Freestyle Relay	1:32.00	1:37.00	1:43.50	1:46.00
100 Backstroke	56.10	58.40	1:00.90	1:02.60
100 Breaststroke	1:01.30	1:04.80	1:11.00	1:12.30
400 Freestyle Relay	3:23.20	3:34.50	3:47.20	3:54.00

EVENT	BOYS AA	BOYS AA	GIRLS AA	GIRLS AA
	"Automatic"	"Second"	"Automatic"	"Second"
200 Medley Relay	1:48.40	1:54.50	1:58.70	2:07.10
200 Freestyle	1:55.20	2:00.40	2:07.10	2:10.60
200 Individual Medley	2:14.40	2:17.50	2:23.40	2:28.60
50 Freestyle	23.90	24.20	26.20	26.70
100 Butterfly	58.50	1:01.90	1:04.70	1:07.50
100 Freestyle	52.10	53.70	58.20	59.10
500 Freestyle	5:16.30	5:30.00	5:47.00	5:52.00
200 Freestyle Relay	1:37.30	1:40.90	1:46.80	1:52.90
100 Backstroke	1:01.10	1:03.60	1:06.30	1:07.80
100 Breaststroke	1:06.60	1:09.40	1:14.00	1:16.50
400 Freestyle Relay	3:38.60	3:51.00	3:56.00	4:14.50